

### Managing Stress (1 Session)

	<i>Excellent</i>	<i>Very Good</i>	<i>Good</i>	<i>Fair</i>	<i>Poor</i>	<i>Total</i>
<i>Topic met your expectations</i>	16	5				21
<i>Speaker's/Panel's knowledge of topic</i>	16	5				21
<i>Organization of materials</i>	16	5				21
<i>Speaking style</i>	20	1				21
<i>Materials-Audio/Visuals</i>	15	2	2	1		20

What did you particularly like about the workshop?

1. Jokes and laughs. Personal experiences.
2. Everything was very informative. "Just say NO."
3. Workshop speaker was very entertaining and informative I enjoyed every bit of it.
4. The presenter kept my attention and she was very interactive.
5. Speaker's personality.
6. Speaker and topic!
7. Laughter!
8. Her sense of humor and interaction with clients.
9. Enjoyed the presenter very much. Material was well presented.
10. Very personable and great presenter!
11. Honesty, examples, stories and humor.
12. Practical.

Comments:

1. Thank you.
2. Awesome workshop!
3. Speaker did a great job at getting her point across. She is very well aware of stress management!  
Good job!
4. I had fun. I stayed awake.
5. Love the presenter!
6. Phyllis was a wonderful speaker! Very good workshop. She made the workshop enjoyable and fun. Learned a lot on this subject and very informative.
7. You did a great job!
8. Excellent!
9. Schedule her for next conference.